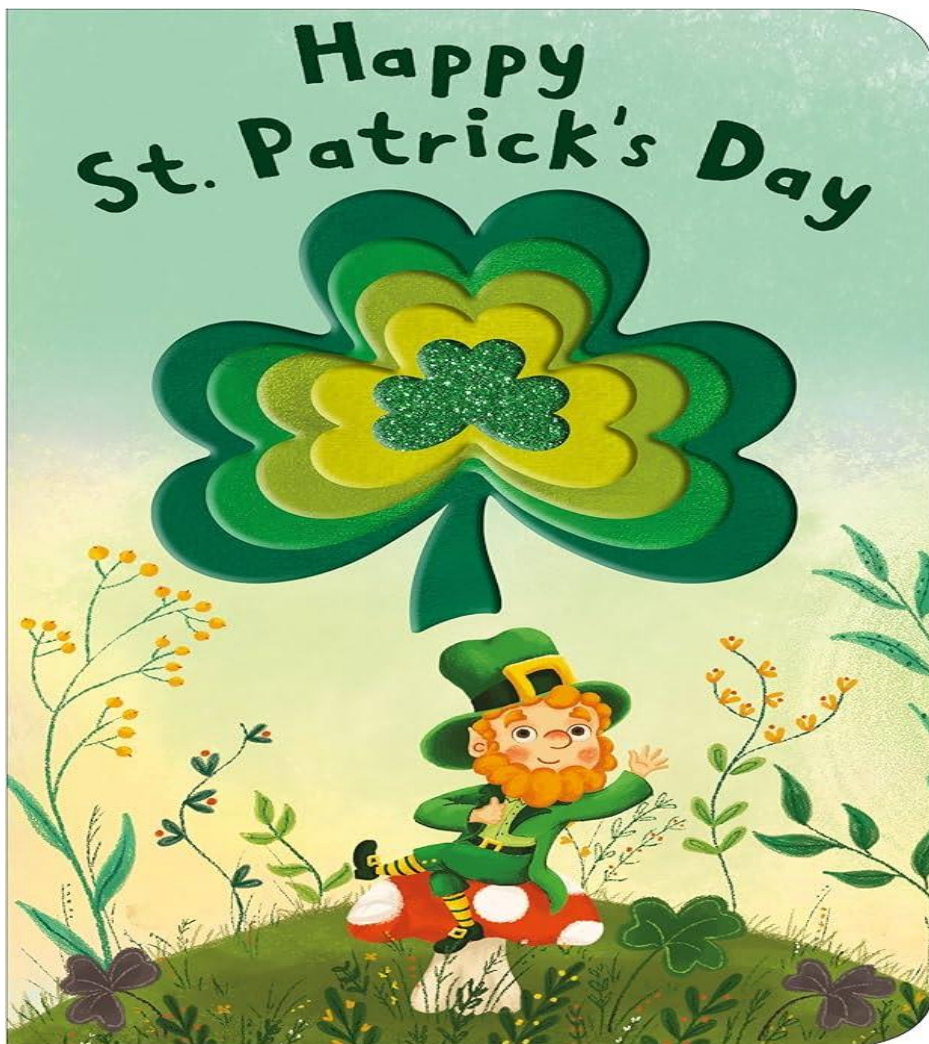


# NEWSLETTER

## March 2025

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St. Patrick's Day is an enchanted time—a day to begin transforming winter's dream into summer's magic...

# Editor's Desk

Hello Residents, Families and Friends!

I am really looking forward to this month- there is so much to celebrate! Join us at any of our events and programs that celebrate Mardi Gras, St. Patrick's Day, International Women's Day, Easter, and more. It's sure to be a busy month at our community and I hope you'll be a part of all the fun!



This month, consider harnessing a little luck and trying your hand at a new activity or programs. You just might meet a new friend or find a new hobby...if you're lucky!

Here's to March!,

*Jap Sokal - Recreation Therapist*

## March Trivia

March's full moon has a special name- The full moon in March is called the **Worm Moon**, named after earthworms, that start appearing as the ground thaws for spring.

Zodiac signs: **Pisces & Aries**

Birthstone: **Aquamarine**

Flower: **Daffodil**

## Something to Think About

*Change is the only constant in life, and March reminds us that transformation can be beautiful. Just as winter fades into spring, we too can grow and evolve. What is one change you want to welcome this season?*



# What We've Been Up To

February was packed with fun, laughter, and heartwarming moments! We kicked off the month with **Vive La France Day**, bringing a touch of Parisian charm. **Groundhog Day** kept us guessing about the weather, while our **Valentine's celebrations** filled the air with love! From a **strawberry ice cream** social to our beautiful **Sweetheart Wall** and a lively **Valentine's party**, there was no shortage of sweet treats and smiles. Sports fans enjoyed the excitement of the **Super Bowl** and the intense **Canada vs. U.S.** hockey game. We also sipped on delicious **strawberry milkshakes**, stood together against bullying on **Pink Shirt Day**, and welcomed the sacred month of **Ramadan** with warmth and respect. It's been a fantastic month, and we can't wait for more great moments ahead!!





# Life at Our Community





# Upcoming Events



**Men's Pub Night with Wii Games-** Sunday March 16th @ 6:00, Games Room

**Ladies Martini Night With Games-**Sunday March 30th @ 6:00 PM, Private Dining

**St. Patrick's Day Celebration with Entertainment -**  
Monday March 17<sup>th</sup> @ 6:15 PM, Games Room

**Rock n Roll Comedy Show with Entertainment-**  
Thursday March 20th @ 2:00 PM, Games Room

**March Birthday Party with Entertainment –**  
Thursday March 27<sup>th</sup> @ 2:00 pm, Games Room

**Monthly Auction:** March 26<sup>th</sup> at 2:30pm, Games room

**Resident Council Meeting**  
Wednesday March 19th @ 2:00 PM, 2<sup>nd</sup> Floor

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## March OUTINGS

- **Lunch at Mezbaan Indian Bistro @ 11:30am**  
Thursday March 6<sup>th</sup>
- **Lunch at Pals & Sandwiches @ 11:30 am**  
Thursday March 13<sup>th</sup>
- **Argyll Casino Outing @1:00pm Monday Mar 10**
- **Lunch at Rosso Pizzeria @ 11:30 am Thursday**  
March 20<sup>th</sup>
- **Shopping Outing to Leduc Mall @ 1:00 pm**  
Monday Mar 24<sup>th</sup>
- **Lunch at Argos Bar/Bistro Thursday Mar 27<sup>th</sup>**  
@ 11:30 am
- **Country Drive/ DQ- Monday Mar 31<sup>st</sup> @ 2:00pm**

### March Socials:

- **Mar 6<sup>th</sup> - Shamrock & Shenanigans Happy Hour @ 2:00 PM**  
Thursday, Games Room
- **Mar 11<sup>th</sup>- Shamrock Shakes Social @ 3:00 PM** Tuesday in Games Room
- **Mar 17<sup>th</sup>- Irish Beer & Tattoo Social @ 2:30 PM** Tuesday in Games Room
- **Mar 21<sup>st</sup> - New Resident Welcome Social @ 2:00pm** Friday in Games room

### March Baking:

*In 2<sup>nd</sup> floor Dining Room on-*  
March 5<sup>th</sup> @ 2:00pm  
March 26<sup>th</sup> @ 2:00pm

# March Birthdays

In March, we celebrate birthdays with:

- Mar 4 - Florence Cable ( 102<sup>th</sup> birthday)
- Mar 6 – Joachim Fankhanel (81<sup>st</sup> birthday)
- Mar 7 – Lillie Petrowski(84<sup>th</sup> birthday)
- Mar 8- Reiko Cowan (88<sup>th</sup> birthday)
- Mar 15 – Sharon Yurick (67<sup>th</sup> birthday)
- Mar 17 – Richard Rozko (78<sup>th</sup> birthday)
- Mar 18- Mary Ann Fardy (70<sup>th</sup> birthday)
- Mar 19- Giuseppe Mancini (89<sup>th</sup> birthday)
- Mar 19- Marion Ostrem (96<sup>th</sup> birthday)
- Mar 20 – Lee Farnholz (89<sup>th</sup> birthday)
- Mar 24- Greg Pelsey (62<sup>nd</sup> birthday)
- Mar 26 – Mary Tucker (96<sup>th</sup> birthday)
- Mar 27- Linda Shea (77<sup>th</sup> birthday)
- Mar 30- Agnes Kontrimas (94<sup>th</sup> birthday)



There are many superstitions about luck. How many of these will bring you good luck, and how many will bring you bad luck, according to superstition?

- Opening an umbrella indoors
- Knocking on wood
- Throwing salt over your shoulder
- Walking under a ladder
- Finding a heads-up penny
- Eating 12 grapes of New Year's Eve
- Breaking a mirror
- Having an itchy palm

## **Pisces (Feb 19 – Mar 20)**

Pisces are friendly and selfless. They are always willing to help others.

## **Aries (Mar 21 – Apr 20)**

Aries are passionate, motivated and confident leaders. They are bundles of energy & enthusiasm.

### Unscramble Word Search

To solve this puzzle, first unscramble each word and write the word on the blanks provided.

Then look for the words you made in the puzzle.

The words can be found in any direction in the puzzle.

F	U	W	H	D	D	L	A	R	E	M	E	M	U	P
L	M	F	T	N	I	I	J	H	C	N	I	P	X	O
A	B	D	T	A	J	P	A	R	A	D	E	A	N	G
G	O	O	D	L	U	C	K	C	O	R	M	A	H	S
E	R	I	N	E	F	B	K	C	I	R	T	A	P	A
N	N	E	E	R	U	H	O	L	I	D	A	Y	Y	I
O	L	S	E	I	N	E	Q	C	E	L	T	I	C	N
T	C	I	C	N	W	O	B	N	I	A	R	K	G	T
S	H	L	O	V	Q	H	I	C	B	J	C	C	X	L
Y	K	C	O	F	F	S	H	O	I	S	N	I	O	C
E	K	H	R	V	I	E	D	G	U	S	E	R	E	S
N	K	Y	I	A	E	S	F	E	W	N	U	E	C	M
R	H	Q	J	T	M	R	U	T	T	M	F	M	N	R
A	D	L	O	G	U	O	A	H	S	I	R	I	A	A
L	E	P	R	E	C	H	A	U	N	H	E	L	D	H
B	Y	K	C	U	L	E	T	A	R	B	E	L	E	C

CORMHASK \_\_\_\_\_

BNOIOARW \_\_\_\_\_

NIOSC \_\_\_\_\_

ARCHM \_\_\_\_\_

SESHROEHO \_\_\_\_\_

ELANRID \_\_\_\_\_

SIHIR \_\_\_\_\_

CEHRPAAENUL \_\_\_\_\_

ERENG \_\_\_\_\_

OPT \_\_\_\_\_

OGLD \_\_\_\_\_

KUCLY \_\_\_\_\_

LORVEC \_\_\_\_\_

THA \_\_\_\_\_

GFAL \_\_\_\_\_

USICM \_\_\_\_\_

MARHCS \_\_\_\_\_

DERELMA \_\_\_\_\_

RITCAPK \_\_\_\_\_

NFU \_\_\_\_\_

ELTCIC \_\_\_\_\_

HYIDOLA \_\_\_\_\_

NITAS \_\_\_\_\_

RADAPE \_\_\_\_\_

YBNARLE NOTES \_\_\_\_\_

IJG \_\_\_\_\_

EDNAC \_\_\_\_\_

PCINH \_\_\_\_\_

DOGO LUKC \_\_\_\_\_

EBRLATECE \_\_\_\_\_

CIKMILRE \_\_\_\_\_

HINT - each word is related to St. Patrick's Day

# Laughing Matters

- **Why is everyone so tired on April 1st?**

Because they just finished a "March" that lasted 31 days! 😏

- **What goes up when March rains come down?**

Umbrellas! ☔😂

- **What kind of bow can't be tied?**

A rain-bow! 🌈😂

- **Why did the leprechaun refuse to share his gold?**

Because he was a little "short"-sighted! 🍀🤔

- **What's an Irish potato's least favorite day?**

Fry-day! 🥔😂

- **Why did the calendar feel so lucky?**

Because it had a whole month of March! 🍀😏

- **Why don't secrets last long in March?**

Because the wind always **blows them away!** 🤚🤔



